

TONGUE TIE/LIP TIE CONSULTATION INTAKE FORM

TODAY'S DATE _____

MOTHER'S NAME _____ DOB _____

INFANT'S NAME _____ DOB _____

IN YOUR OWN WORDS DESCRIBE ANY FEEDING PROBLEMS THAT CONCERNS YOU: _____

HEALTH, PREGNANCY AND BIRTH HISTORY

DOES ANYONE ON EITHER SIDE OF THE BABY'S FAMILY HAVE ANY OF THE FOLLOWING?
(CIRCLE) food allergies environmental allergies asthma eczema hay fever breast cancer diabetes
genetic disease thyroid disease alcoholism tongue tie
other _____

ARE YOU TAKING ANY OF THE FOLLOWING?
(CIRCLE). prenats iron antihistamines pain pills aspirin cold remedies antibiotic laxatives diuretics
antacids birth control pills diet pills fish oil stool softener probiotics herbs
(list: _____)

Other Rx/ supplements _____

DO YOU SMOKE? _____

CONSUME ALCHOL? _____ FREQUENCY? _____

HAVE YOU EVER HAD ANY OF THE FOLLOWING PROCEDURES RELATED TO YOUR BREASTS? (CIRCLE)
biopsy lumps implants chest tube breast reduction nipple problems
other _____

NUMBER OF PREGNANCIES: _____

NUMBER OF LIVE BIRTHS _____

NUMBER OF LOSSES _____

OTHER CHILDREN NAME(S) AND DATE(S) OF BIRTH: _____

PREVIOUS BREASTFEEDING ISSUES?
EXPLAIN: _____

DID YOU HAVE ANY OF THE FOLLOWING DURING THIS PREGNANCY?
(CIRCLE) preterm labor infection/fever gestational diabetes high blood pressure nausea/vomiting
severe anemia other _____

DID YOU EXPERIENCE ANY POSTPARTUM COMPLICATIONS?
(CIRCLE) infection (type: _____) Low/high blood pressure excessive bleeding/ hemorrhaging
retained placenta other _____

AFTER BIRTH DID THE BABY HAVE...?
(CIRCLE) breathing difficulties meconium aspiration low blood sugar jaundice (highest bili level _____) other _____

DOES YOUR BABY HAVE HEALTH PROBLEMS?

EXPLAIN _____

IS THE BABY CURRENTLY ON ANY MEDICATIONS? Y or N

BREASTFEEDING HISTORY

WHEN DID BREASTFEEDING DIFFICULTIES BEGIN?

DID YOU EXPERIENCE BREAST CHANGES IN PREGNANCY? Y or N

BREAST CHANGES SINCE THE BIRTH? hard/engorged heavy warm leaking no changes

WHAT WERE THE FIRST SEVERAL DAYS OF FEEDING LIKE?

WHAT DOES YOUR FEEDING ROUTINE LOOK LIKE NOW?

HAVE YOU USED ANY BREASTFEEDING SUPPLIES OR PUMPS?

Y or N Type of PUMP _____ Frequency of pumping? _____

YIELD WHEN PUMPING (oz/mls per session) _____ Flange size? _____

HAS YOUR BABY BEEN SUPPLEMENTED WITH ANY OF THE FOLLOWING?

NONE water/glucose water your expressed breastmilk donor milk formula

(brand _____) other: _____

IF SO, HOW WAS THE BABY SUPPLEMENTED?

feeding tube finger feeding cup feeding bottle

TYPE of BOTTLE _____ Other _____

Pacifier? Y or N Type: _____

IF SUPPLEMENTING, HOW OFTEN IN PAST 24 HOURS? _____

HOW MUCH PER FEEDING? _____

HOW MANY TIMES IN THE PAST 24 HOURS HAVE YOU BREASTFED YOUR BABY?

(CIRCLE) less than 6 times less than 8 times 8-10 times more than 12 times

ARE YOU EXPERIENCING ANY OF THE FOLLOWING?

(CIRCLE) using a nipple shield latch-on difficulties engorgement sore nipples sleepy baby preference

for one side baby not interested baby always seems hungry baby crying excessively cracked/

bleeding nipples breast pain feeling that there is not enough milk baby's active suckling less than 5

min/sleepy at breast

other _____

IS THE BABY CONTENT BETWEEN FEEDINGS?

(CIRCLE) never occasionally often

comments _____

WHAT IS THE AVERAGE TIME BETWEEN FEEDINGS?

DAY: _____ hrs NIGHT: _____ hrs

HOW LONG DOES A NURSING SESSION LAST?

BABY TAKES: one breast both breasts

WHO DECIDES WHEN THE FEEDING IS OVER? Mother or Baby

HOW MANY MONTHS DO YOU WISH TO BREASTFEED YOUR BABY?

1 MONTH 2-3 MONTHS 3-6 MONTHS 6-9 MONTHS 12 MONTHS LONGER THAN 12

MONTHS

OTHER: _____

IS YOUR BABY...? GASSY. SPITTING UP HICCOUGHING

OTHER: _____

HOW WOULD YOU DESCRIBE YOUR GENERAL MOOD:

(select all that apply) happy sad depressed anxious nervous stressed foggy detached worried
ecstatic fragile up&down exhausted overwhelmed. scared

other _____

PARTNER SUPPORTIVE? Y N

Anything Else you want the Lip & Tongue Tie professional to know?
